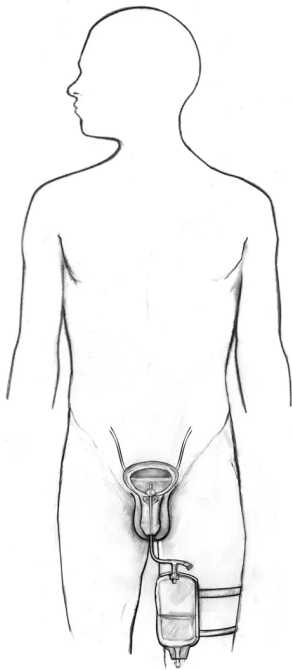




Emptying a urine drainage bag

A reminder for emptying through the tap after a healthcare professional's demonstration.



Urinary catheter connected to a leg bag: a positioning reference.

NIDDK / NIH · [Source](#)

01 Get ready

Wash hands. Position yourself by a toilet or the designated container.

02 Support the bag

Empty before it is full. Support it without pulling on the catheter.

03 Open the tap

Drain without letting the outlet touch the toilet, floor or container.

04 Close securely

Close the tap. Clean the outlet according to device instructions.

05 Check

Return the bag below the bladder; wash hands. Record volume only if requested.

When to seek help

If the bag stays empty with pain, check only kinks and position; contact your team promptly. Do not flush it yourself.

These reminders complement a demonstration by your team. Personal instructions and device directions take priority. Never improvise insertion, removal or flushing.

Sources and references

[NHS TEWW — Catheter care](#) · [Memorial Sloan Kettering — Urinary Foley catheter](#) · [NHS — Living with a urinary catheter](#)